

**SUMMER WRESTLING SCRIMMAGE NIGHTS  
HOSTED BY:**



**Hosted at Ponderosa High School**

Get More Mat Time – Compete, Learn, and Have Fun!

Join us for two evenings of live wrestling in a round-robin scrimmage format! This event is perfect for young wrestlers looking to gain experience, improve skills, and enjoy the sport in a fun, low-pressure environment.

**Event Details**

Dates: June 17th & 18th

Time: 3:30 PM – 7:30 PM (Wrestling starts at 4pm)

Location: Ponderosa High School

Ages: 1st – 8th Grade

Cost: \$80 per wrestler

**What's Included**

2 nights of live wrestling

3–5 matches each night

BBQ dinner provided both evenings

**Format**

Wrestlers grouped by age and weight (pools of 4–6)

Round-robin style brackets = max mat time

6 mats running simultaneously

Volunteer refs & table help to ensure smooth operations

**Registration Info**

Weights entered during registration

Pools matched for best size & skill balance

Registration closes on June 13<sup>th</sup> at 8pm. Spots are limited – register early to secure your place.

